

CRFC Fall 2023 Training Matrix

| WCSC | Monday 6:00-7:15 pm | Monday 7:30-9:00 pm | Tuesday 6:00-7:30 pm | Tuesday 7:30-9:00 pm | Wednesday 6:00-7:30 pm | Wednesday 7:30-9:00 pm | Thursday 6:00-7:15 pm | Thursday 7:30-9:00 pm |
|----------|---------------------------------------|---------------------|----------------------|----------------------|------------------------|------------------------|-----------------------|-----------------------|
| Field 1A | BJA 8U-12U | B14U Sky 10 | B13U Sky 11 | | B13U Sky 11 | B14U Sky 10 | BJA 8U-12U | B15U Sky 09 |
| Field 1B | BJA 8U-12U | B15U Sky 09 | | | | | BJA 8U-12U | B17U Sky 07 |
| Field 2 | BJA 8U-12U | G18U Black 06/07 | | | | | BJA 8U-12U | G18U Black 06/07 |
| Field 3 | BJA 8U-12U | G17U Black 07 | | | | | BJA 8U-12U | G17U Black 07 |
| Field 4A | GJA 9U-12U | G19U Sky 05 | | | | | GJA 9U-12U | G19U Sky 05 |
| Field 4B | GJA 9U-12U | G14U Sky 10 | | | | | GJA 9U-12U | G14U Sky 10 |
| Field 4C | GJA 9U-12U | | G14U Sky 10 | G16U Sky 08 | | | GJA 9U-12U | G16U Sky 08 |
| Field 5A | G13U Sky 11 | B17U Black 07/08 | | B16U Sky 08 | | | G13U Sky 11 | B16U Sky 08 |
| Field 5B | GKT (6:00-6:30 JA / 6:30-7:10 Select) | B17U Sky 07 | | | | | West Metro Rec | B17U Black 07/08 |
| Field 5C | West Metro Rec | B19U Sky 05/06 | | | | | West Metro Rec | B19U Sky 05/06 |
| Field 6 | West Metro Rec | | | | | | West Metro Rec | |
| Field 7 | West Metro Rec | | | | | | West Metro Rec | |
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